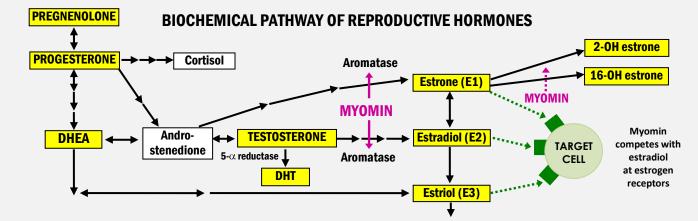
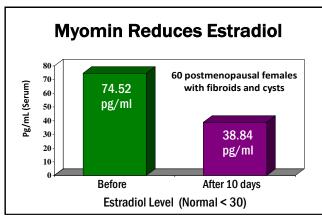
# Natural Aromatase Reducer for Men and Women $\downarrow$ Estradiol, $\uparrow$ Testosterone, $\downarrow$ Belly Fat, E3 > E1 + E2



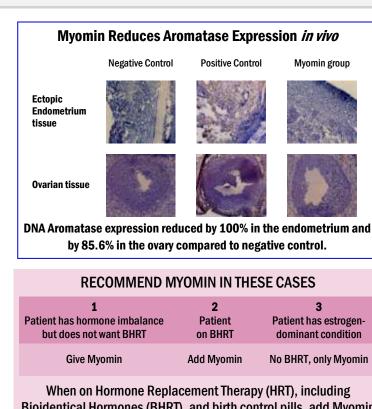
Ingredients: Curcuma, Cyperus, Astragalus LD<sub>50</sub>: 10.15 g/kg

### **ESTROGEN DOMINANCE**

- WOMEN: Fibrocystic/Dense Breasts, PCOS, Uterine Fibroids, Ovarian Cysts, Endometriosis
- MEN: Prostate, Testicles, Gynecomastia,  $\uparrow$  PSA
- Liver/Kidney/Thyroid Cysts or Nodules
- Insulin Resistance
- Belly Fat



**References:** Nutritional Perspectives: J ACACN. 2013; 36(2):33-38; Townsend Letter. 2011; 333: 48-52; Intl J Int Oncol. 2008; 2(1):7-15; Natural Products Chemistry Research. 2014; 2:5.

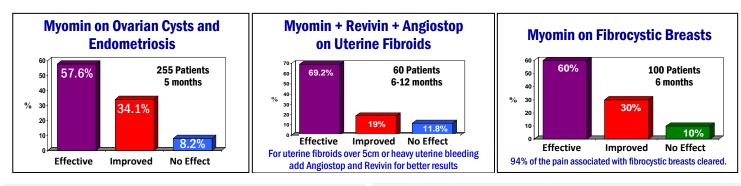


When on Hormone Replacement Therapy (HRT), including Bioidentical Hormones (BHRT), and birth control pills, add Myomin to avoid hormone-related side effects (hyperaromatization)



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#### **MYOMIN FOR WOMEN**

#### ↓Estradiol, ↑Estrogen Quotient, Fibrocystic Breasts, Ovarian Cysts, Uterine Fibroids, Endometriosis, ↓Belly Fat

F. Cromeyer, RPh from TX, has a female patient in her 50s with **fibrocystic breasts.** After 2 months on Myomin (3 BID), her estradiol level reduced. Six months later, her fibrocystic breasts cleared.

Saliva Test	Before	After 2 months	Postmenopausal range
Estradiol (E2)	6.5	2.4	1.0– 3.2 pg/ml

G. Depke, ND from CA, has a 47 y/o/f patient on progesterone and DHEA. After adding Myomin (3 BID), her progesterone and Pg/E2 ratio normalized.

Saliva Test	Sep 2012	Jan 2013	Premenopausal range
Estradiol (E2)	10.4	1.6	1.5 – 10.8 pg/mL
Progesterone(Pg)	523.0	387.9	127 – 446 pg/mL
Pg/E2 ratio	50.29	242.44	200 - 600

M. Renaud, LAc from FL, has	Saliva	Before	After 8 months	Reference
a 52 y/o/f patient on BHRT	E1	0.5	11.2	3.2-7.9
but still had hormonal	E2	3.7	6.7	0.8-12
imbalance. After 8 months	E3	1.7	36.1	10-80
on Myomin, her EQ increased.	EQ	0.41	2.02	>1
on Myomin, her EQ increased.				

L. Whitson, MD from CA, has a 46 y/o/f patient with ovarian cyst. Within 11 months of taking Myomin (3 BID), her E1, E2 reduced, her E3 increased and her cyst cleared.

Saliv	а	12/16/12	12/27/13	Reference
Age		45	46	
E1		6.6	↓ 3.2	3.2-7.9
E2		1.6	↓ 1.0	0.8-12
E3		6.4	19.3	10-80
EQ		0.78	2.21	>1

I. Ekasari, PhD from CO, has a 59 y/o/f patient with breast and thyroid nodules. After 1  $\frac{1}{2}$  years on Myomin (3 TID), Angiostop and Revivin, her E1, E2 and E3 levels are normal. Her EQ is over 1.0, signifying a lower risk for breast cancer. Her breast and thyroid nodules have also reduced.

E1	E2	E3	EQ
17.46	1.08	18.97	1.02

I. Wilkins, MD from PA, has a 67 y/o/f patient taking Myomin, Angiostop and Revivin for thick endometrial lining and possible endometrial polyp. After 6 months, a recent pelvic ultrasound revealed tremendous improvement.

Description	8/17/2012	2/21/2013	% change
Uterus (mm <sup>3</sup> )	63 x 7 x 44	52 x 32 x 38	↓ 38.3
Endometrial lining	7.7	3.7	↓ 52.0
Endometrial cavity (echogenic mass)	13 x 7 x 11	6 x 2 x 6	<b>↓</b> 92.8

#### **MYOMIN FOR MEN**

#### $\uparrow$ Testosterone, $\downarrow$ Estradiol, $\downarrow$ PSA, $\downarrow$ Belly Fat Recommended for Testosterone and DHEA Users

G. Adams, MD from FL, has a male patient on testosterone therapy who added Myomin (3 BID) for 5 months. His estradiol reduced to normal.

Serum Test	Before	After 5 months	Male range
E2	95	25	6-30 pg/ml

J. Wright, MD from WA, has a 70 y/o/m patient given daily 75mg bioidentical testosterone cream **(BHRT)**. It increased his testosterone, but his estradiol level increased as well (hyperaromatization). Two months after adding Myomin (3 BID), his estradiol level normalized.

Serum Test	Before	After 2 months	Male range
E2	50.4	13.3	6-30 pg/ml
т	645	639	300-750 ng/dl
T/E2 Ratio	12.8	48.0	20-50

I. Fox, MD from IN, has a 54 y/o/m patient who took Myomin with excellent results. He also lost 35 lbs and continues to take it for maintenance.

Serum Test	8/6/2012	10/15/13	Male range
E2	34.3	24.2	6-30 pg/ml
т	377	656 🕇	300-750 ng/dl
Free T	66.9	85	50-190 ng/dl
Weight	275 lbs	240 lbs	
HbA1C	5.4	5.2	< 5.6

B. Sanborn, DC from MI, has a 16 y/o/m patient with **gynecomastia, high** estradiol and high DHT. After taking Myomin and Prosta Chi for two months, his estradiol and DHT levels reduced. His gynecomastia also improved a year later.

Serum test	Before	After 2 months	Male range
E2	300	70	6-30 pg/ml
DHT	1,100	250	29 – 90 ng/dl

J. Wycoff, DO from MI, has a 62 y/o/m patient who took **Myomin Plus** for a year and reduced his PSA from 7.0 to 3.5.

Test	Before Myomin Plus	After 1 year	Reference
PSA	7.0	3.5	< 4.0 ng/ml

S. Downs, MD from CA had an 80 y/o/m patient treated for prostate cancer and was declared cancer-free. His PSA was still high so he was given dutasteride (Avodart). After a year on it, his estradiol and PSA were still high. Then after adding Myomin and Prosta Chi, both levels reduced.

Date	E2	PSA	Notes
9/2011	60	5.0	Avodart only
11/2011	√39	↓2.88	After adding Myomin +Prosta Chi
1/2012	159	<b>↑</b> 5.6	Stopped Myomin + Prosta Chi
4/2012	√31	↓3.6	After restarting Myomin + Prosta

R. Ornelas, DC from CA, has a 54 y/o/m patient whose T level increased and PSA reduced after a year on Myomin, Angiostop, Prosta Chi and Kidney Chi.

Serum test	Before	After 1 year	Male range
Т	200	540	300-750ng/dl
PSA	8.7	2.4	< 4.0 ng/ml

LEGEND: E1 – Estrone ◆ E2 – Estradiol ◆ E3 – Estriol ◆ Pg/E2 < 200 signifies estrogen dominance ◆ T - Testosterone